

TOMPKINS FINANCIAL CORP
 Form 4
 September 02, 2008

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
 OMB Number: 3235-0287
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
FULMER JAMES W

2. Issuer Name and Ticker or Trading Symbol
TOMPKINS FINANCIAL CORP [TMP]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
08/28/2008

Director 10% Owner
 Officer (give title below) Other (specify below)
 Vice Chairman

TOMPKINS FINANCIAL CORPORATION, P O BOX 460
 (Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

ITHACA, NY 14851

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock	08/28/2008		M		1,000 A \$ 20	40,491	D
Common Stock	08/28/2008		M		200 A \$ 20	40,691	D
Common Stock	08/28/2008		S		200 D \$ 45.45	40,491	D
Common Stock	08/28/2008		M		200 A \$ 20	40,691	D
Common Stock	08/28/2008		S		200 D \$ 45.25	40,491	D

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Common Stock	08/28/2008		M	100	A	\$ 20	40,591	D	
Common Stock	08/28/2008		S	100	D	\$ 45.15	40,491	D	
Common Stock	08/28/2008		M	250	A	\$ 20	40,741	D	
Common Stock	08/28/2008		S	250	D	\$ 45.55	40,491	D	
Common Stock	08/28/2008		M	250	A	\$ 20	40,741	D	
Common Stock	08/28/2008		S	250	D	\$ 45.49	40,491	D	
Common Stock	08/28/2008		M	250	A	\$ 20	40,741	D	
Common Stock	08/28/2008		S	250	D	\$ 45.39	40,491	D	
Common Stock							25,592	I	by Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	
Incentive Stock Option (right to buy)	\$ 20	08/28/2008		M	1,000	(1) 09/14/2010		Common Stock	1,000
Non-Qualified Stock Option	\$ 20	08/28/2008		M	200	(1) 09/14/2010		Common Stock	200

(right to buy)									
Non-Qualified Stock Option (right to buy)	\$ 20	08/28/2008	M	200	(1)	09/14/2010	Common Stock	200	
Non-Qualified Stock Option (right to buy)	\$ 20	08/28/2008	M	100	(1)	09/14/2010	Common Stock	100	
Non-Qualified Stock Option (right to buy)	\$ 20	08/28/2008	M	250	(1)	09/14/2010	Common Stock	250	
Non-Qualified Stock Option (right to buy)	\$ 20	08/28/2008	M	250	(1)	09/14/2010	Common Stock	250	
Non-Qualified Stock Option (right to buy)	\$ 20	08/28/2008	M	250	(1)	09/14/2010	Common Stock	250	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
FULMER JAMES W TOMPKINS FINANCIAL CORPORATION P O BOX 460 ITHACA, NY 14851	X		Vice Chairman	

Signatures

James W.
Fulmer

09/02/2008

**Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The stock option becomes exercisable in four installments, commencing two years after the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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