

EMCOR GROUP INC  
Form 4  
March 16, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
Expires: January 31, 2005  
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
CAMMAKER SHELDON I

(Last) (First) (Middle)  
301 MERRITT SEVEN  
  
(Street)

NORWALK, CT 06851

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
EMCOR GROUP INC [EME]

3. Date of Earliest Transaction  
(Month/Day/Year)  
03/15/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
EVP, Gen Counsel & Secretary

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	03/15/2006		M		20,000 A \$ 10	49,762	D
Common Stock	03/15/2006		S		2,000 D \$ 47.03	47,762	D
Common Stock	03/15/2006		S		1,000 D \$ 47.04	46,762	D
Common Stock	03/15/2006		S		1,000 D \$ 47.05	45,762	D
Common Stock	03/15/2006		S		1,000 D \$ 47.09	44,762	D

Edgar Filing: EMCOR GROUP INC - Form 4

Common Stock	03/15/2006	S	1,000	D	\$ 47.15	43,762	D
Common Stock	03/15/2006	S	2,000	D	\$ 47.18	41,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.21	40,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.3	39,762	D
Common Stock	03/15/2006	S	900	D	\$ 47.32	38,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.39	37,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.4	36,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.43	35,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.47	34,862	D
Common Stock	03/15/2006	S	100	D	\$ 47.48	34,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.55	33,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.58	32,762	D
Common Stock	03/15/2006	S	2,000	D	\$ 47.6	30,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.65	29,762 <sup>(1)</sup>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
--	--	--------------------------------------	--	--------------------------------	--	--	---

and 5)

	Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy) <sup>(2)</sup>		\$	10	03/15/2006	M	20,000	01/02/1999 01/01/2008	Common Stock 20,000

### Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CAMMAKER SHELDON I 301 MERRITT SEVEN NORWALK, CT 06851			EVP, Gen Counsel & Secretary	

### Signatures

Sheldon I.  
Cammaker 03/16/2006

        Signature of Reporting Person Date

### Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.
- (2) Derivative security is an employee stock option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.