

TRANSGLOBE ENERGY CORP  
Form 6-K  
August 30, 2004

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**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

**FORM 6-K**

**REPORT OF FOREIGN PRIVATE ISSUER TO RULE 13A or 15D-16  
UNDER THE SECURITIES EXCHANGE ACT OF 1934**

For the Month of: August 2004 (5)

File No.: 0-11378

**TRANSGLOBE ENERGY CORPORATION**

(Translation of Registrant's Name into English)

**#2900, 330 5th Avenue S.W., Calgary, AB T2P 0L4**

(Address of Principal Executive Office)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20F or Form 40F  
Form 20F  Form 40F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby  
furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.  
Yes  No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with rule 12g-3-2(b): 82 -  
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**SUBMITTED HEREWITH**

**Exhibit Description**

99.1 Insider Report for Lloyd W. Herrick

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**TransGlobe Energy Corporation**

(Registrant)

Date: August 30, 2004

By: /s/ David Ferguson

David C. Ferguson

Vice President, Finance & C.F.O.

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