

Neptune Technologies & Bioresources Inc.  
Form 6-K  
October 12, 2016

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SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER  
Pursuant to Rule 13a-16 or 15d-16 under  
the Securities Exchange Act of 1934

For the month of: October 2016 Commission File Number: 001-33526

NEPTUNE TECHNOLOGIES & BIORESSOURCES INC.  
(Translation of Registrant's name into English)

545 Promende du Centropolis  
Suite 100  
Laval, Québec  
Canada H7T 0A3  
(Address of Principal Executive Office)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.  
Form 20-F                      Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.  
Yes                      No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

NEPTUNE TECHNOLOGIES & BIORESOURCES INC.

Date: October 12, 2016 By: /s/ Mario Paradis

Name: Mario Paradis

Title: VP & Chief Financial Officer

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EXHIBIT INDEX

Exhibit Description of Exhibit

99.1 Press Release dated October 12, 2016

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