

Symmetry Medical Inc.  
Form 8-K/A  
May 30, 2008

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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**FORM 8-K/A**

**AMENDMENT NO. 1 TO**  
**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): **May 23, 2008**

**SYMMETRY MEDICAL INC.**

(Exact name of Registrant as specified in its charter)

**Delaware**  
(State or other jurisdiction  
of incorporation)

**333-116038**  
(Commission File Number)

**35-1996126**  
(IRS Employer  
Identification No.)

**3724 N State Road 15, Warsaw, Indiana 46582**  
(Address of Principal executive offices, including Zip Code)

**(574) 268-2252**  
(Registrant's telephone number, including area code)

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(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**EXPLANATORY NOTE:**

This Form 8-K/A amends the Current Report on Form 8-K filed by Symmetry Medical Inc. (the Company ) on January 10, 2008 which reported that two new directors were appointed to the Company s Board of Directors. Neither of the new directors was appointed to committees at such time. This Amendment No. 1 on Form 8-K/A is being filed to disclose the committees of the Board to which the two new directors have now been named, as required pursuant to Instruction 2 to Item 5.02 of Form 8-K.

**Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers**

As previously announced, on January 4, 2008, the Company s Board of Directors appointed John S. Krelle and Craig B. Reynolds to its Board of Directors. On May 23, 2008, the Company s Board appointed Mr. Krelle to the Board s Compensation and Organizational Committee on which he will serve as Chairman and to the Governance and Nominating Committee. Mr. Reynolds has been appointed to the Board s Finance and Systems Committee on which he will serve as Chairman and as a member of the Governance and Nominating Committee

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Symmetry Medical Inc.**

Date: May 30, 2008

/s/ Fred L. Hite

Name:

Fred L. Hite

Title:

Chief Financial Officer