KASEL JOHN F Form 4

November 01, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. N KA

OMB APPROVAL

OMB Number:

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1. Name and Address of Reporting Person ** KASEL JOHN F			2. Issuer Name and Ticker or Trading Symbol FOSTER L B CO [FSTR]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle)		(Middle)	3. Date of Earliest Transaction	(====== an applicable)		
L.B. FOSTE HOLIDAY I		NY, 415	(Month/Day/Year) 10/31/2007	Director 10% Owner _X_ Officer (give title Other (specify below) Sr. V.P. Mfg. Operations		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
PITTSBURG	GH, PA 152	20	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 3, 4 and 5) ear) (Instr. 8)				5. Amount of 6. Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	10/31/2007		M	3,125	A	\$ 4.23	3,125	D	
Common Stock	10/31/2007		M	6,250	A	\$ 14.77	9,375	D	
Common Stock	10/31/2007		S	1,000	D	\$ 43.038	8,375	D	
Common Stock	10/31/2007		S	1,000	D	\$ 43.0472	7,375	D	
Common Stock	10/31/2007		S	2,000	D	\$ 42.9465	5,375	D	

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Common Stock	10/31/2007	S	4,000	D	\$ 42.9605	1,375	D	
Common Stock	10/31/2007	S	1,375	D	\$ 42.9613	0	D	
Common Stock						945	I	Est. 401(k) shares

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4,		erivative Expiration Date urities (Month/Day/Year) uired or oosed of r. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Buy	\$ 4.23	10/31/2007		M	3,125	05/13/2003	05/12/2013	Common	3,125
Option to Buy	\$ 14.77	10/31/2007		M	6,250	05/25/2006(1)	12/04/2015	Common	6,250

Reporting Owners

Reporting Owner Name / Address			Relationships	
	Director	10% Owner	Officer	Other
KASEL JOHN F L.B. FOSTER COMPANY 415 HOLIDAY DRIVE PITTSBURGH, PA 15220			Sr. V.P. Mfg. Operations	

2 Reporting Owners

Signatures

John F. Kasel 11/01/2007

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 50% of initial 25,000 grant vested on 5/25/07 and an additional 25% vests on each of the next two anniversaries of May 25.
- (2) Not applicable

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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