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TRUSTCO BANK CORP N Y
Form 13F-HR
April 19, 2011

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 13F
Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 3/31/2011
Check here if Amendment ; Amendment Number:

This Amendment (Check only one.): is a restatement.
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK CORP NY

Address: 5 SARNOWSKI DRIVE
GLENVILLE, NY 12302

Form 13F File Number: 28-06657

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Persons Signing this Report on Behalf of Reporting Manager:

Name: RICHARD W PROVOST
Title: SENIOR TRUST OFFICER
Phone: 518-381-3643

Signature, Place, and Date of Signing:

/s/ RICHARD W PROVOST	GLENVILLE, NY	4/19/2011
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[Signature]	[City, State]	[Date]

Report Type (Check only one):

- 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
- 13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
- 13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

List of Other Managers Reporting for this Manager:

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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1
 Form 13F Information Table Entry Total: 133
 Form 13F Information Table Value Total: \$ 107,902

 (In Thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

No.	Form 13F File Number	Name
7000	028-10307	TRUSTCO BANK

FORM 13F INFORMATION TABLE

COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5	COLUMN 6	COLUMN 7
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ CALL	INVESTMENT DISCRETION
AT&T INC	COM	00206R102	1476	48206	SH	DEFINED
			0	0		DEFINED
AT&T INC	COM	00206R102	561	18340	SH	OTHER
			0	0		OTHER
			0	0		OTHER
ABBOTT LABORATORIES	COM	2824100	2486	50685	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
ABBOTT LABORATORIES	COM	2824100	341	6945	SH	OTHER
			0	0		OTHER
AIR PRODUCTS & CHEMICALS INC	COM	9158106	451	5000	SH	DEFINED
ALLSTATE CORP	COM	20002101	189	5950	SH	DEFINED
ALLSTATE CORP	COM	20002101	38	1200	SH	OTHER
			0	0		OTHER
AMERICAN EXPRESS CO	COM	25816109	368	8150	SH	DEFINED
AMERICAN EXPRESS CO	COM	25816109	68	1500	SH	OTHER
APPLIED MATERIALS INC	COM	38222105	1136	72700	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
APPLIED MATERIALS INC	COM	38222105	44	2800	SH	OTHER
AUTOMATIC DATA PROCESSING INC	COM	53015103	512	9973	SH	DEFINED
			0	0		DEFINED
AUTOMATIC DATA PROCESSING INC	COM	53015103	15	300	SH	OTHER

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BAKER HUGHES INC	COM	57224107	206	2800	SH	DEFINED	70
BANK OF AMERICA CORP	COM	60505104	554	41575	SH	DEFINED	70
			0	0		DEFINED	70
BANK OF AMERICA CORP	COM	60505104	75	5618	SH	OTHER	70
			0	0		OTHER	70
			0	0		OTHER	70
BHP BILLITON LTD	FOR	88606108	621	6475	SH	DEFINED	70
			0	0		DEFINED	70
BHP BILLITON LTD	FOR	88606108	19	200	SH	OTHER	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	169	6400	SH	DEFINED	70
BRISTOL-MYERS SQUIBB CO	COM	110122108	407	15386	SH	OTHER	70
			0	0		OTHER	70
CATERPILLAR INC	COM	149123101	267	2400	SH	DEFINED	70
CATERPILLAR INC	COM	149123101	92	830	SH	OTHER	70
CHEVRON CORP NEW	COM	166764100	2908	27050	SH	DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
CHEVRON CORP NEW	COM	166764100	594	5526	SH	OTHER	70
			0	0		OTHER	70
CISCO SYSTEMS INC	COM	17275R102	792	46192	SH	DEFINED	70
			0	0		DEFINED	70
CISCO SYSTEMS INC	COM	17275R102	44	2550	SH	OTHER	70
			0	0		OTHER	70
CITIGROUP INC	COM	172967101	215	48600	SH	DEFINED	70
			0	0		DEFINED	70
CITIGROUP INC	COM	172967101	25	5639	SH	OTHER	70
			0	0		OTHER	70
COCA COLA CO	COM	191216100	3180	47942	SH	DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
COCA COLA CO	COM	191216100	770	11600	SH	OTHER	70
			0	0		OTHER	70
COLGATE PALMOLIVE CO	COM	194162103	1358	16811	SH	DEFINED	70
COLGATE PALMOLIVE CO	COM	194162103	388	4800	SH	OTHER	70
			0	0		OTHER	70
DISNEY WALT CO	COM	254687106	1963	45546	SH	DEFINED	70
			0	0		DEFINED	70

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DISNEY WALT CO	COM	254687106	366	8500	SH	OTHER
			0	0		OTHER
DOW CHEMICAL CO	COM	260543103	501	13274	SH	DEFINED
			0	0		DEFINED
DOW CHEMICAL CO	COM	260543103	131	3471	SH	OTHER
			0	0		OTHER
DU PONT E I DE NEMOURS & CO	COM	263534109	374	6800	SH	DEFINED
			0	0		DEFINED
DU PONT E I DE NEMOURS & CO	COM	263534109	87	1586	SH	OTHER
			0	0		OTHER
ECOLAB INC	COM	278865100	817	16008	SH	DEFINED

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			0	0		DEFINED	70
ECOLAB INC	COM	278865100	26	500 SH		OTHER	70
EMERSON ELECTRIC CO	COM	291011104	316	5400 SH		DEFINED	70
			0	0		DEFINED	70
EMERSON ELECTRIC CO	COM	291011104	88	1513 SH		OTHER	70
			0	0		OTHER	70
EXELON CORP	COM	30161N101	727	17624 SH		DEFINED	70
			0	0		DEFINED	70
EXELON CORP	COM	30161N101	130	3150 SH		OTHER	70
			0	0		OTHER	70
EXXON MOBIL CORP	COM	30231G102	5893	70049 SH		DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
EXXON MOBIL CORP	COM	30231G102	2631	31272 SH		OTHER	70
			0	0		OTHER	70
			0	0		OTHER	70
GENERAL ELECTRIC CO	COM	369604103	9447	471152 SH		DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
GENERAL ELECTRIC CO	COM	369604103	4779	238355 SH		OTHER	70
			0	0		OTHER	70
			0	0		OTHER	70
GENERAL MILLS INC	COM	370334104	1022	27948 SH		DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
GENERAL MILLS INC	COM	370334104	380	10400 SH		OTHER	70
			0	0		OTHER	70
GLAXOSMITHKLINE PLC	FOR	37733W105	295	7683 SH		DEFINED	70
			0	0		DEFINED	70
GLAXOSMITHKLINE PLC	FOR	37733W105	192	5006 SH		OTHER	70
			0	0		OTHER	70
HEWLETT PACKARD CO	COM	428236103	569	13900 SH		DEFINED	70
			0	0		DEFINED	70
HEWLETT PACKARD CO	COM	428236103	160	3900 SH		OTHER	70
			0	0		OTHER	70
HOME DEPOT INC	COM	437076102	452	12205 SH		DEFINED	70
			0	0		DEFINED	70
HOME DEPOT INC	COM	437076102	76	2064 SH		OTHER	70
			0	0		OTHER	70
ITT CORP	COM	450911102	231	3849 SH		DEFINED	70
ITT CORP	COM	450911102	42	700 SH		OTHER	70
			0	0		OTHER	70
INTEL CORP	COM	458140100	1766	87522 SH		DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
INTEL CORP	COM	458140100	215	10668 SH		OTHER	70
			0	0		OTHER	70
IBM CORP	COM	459200101	1778	10903 SH		DEFINED	70
			0	0		DEFINED	70

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IBM CORP	COM	459200101	872	5350 SH	OTHER	70
			0	0	OTHER	70
ISHARES	MUT	464287465	370	6166 SH	DEFINED	70
JPMORGAN CHASE & CO	COM	46625H100	1878	40733 SH	DEFINED	70
			0	0	DEFINED	70
			0	0	DEFINED	70
JPMORGAN CHASE & CO	COM	46625H100	379	8231 SH	OTHER	70
			0	0	OTHER	70
JACOBS ENGINEERING GROUP INC	COM	469814107	433	8424 SH	DEFINED	70
			0	0	DEFINED	70
JACOBS ENGINEERING GROUP INC	COM	469814107	23	450 SH	OTHER	70
			0	0	OTHER	70
JOHNSON & JOHNSON	COM	478160104	4190	70723 SH	DEFINED	70
			0	0	DEFINED	70
JOHNSON & JOHNSON	COM	478160104	789	13311 SH	OTHER	70
			0	0	OTHER	70
JOHNSON CONTROLS INC	COM	478366107	650	15625 SH	DEFINED	70
JOHNSON CONTROLS INC	COM	478366107	91	2200 SH	OTHER	70
			0	0	OTHER	70
KRAFT FOODS INC	COM	50075N104	111	3552 SH	DEFINED	70
KRAFT FOODS INC	COM	50075N104	132	4212 SH	OTHER	70
			0	0	OTHER	70
ELI LILLY & CO	COM	532457108	156	4449 SH	DEFINED	70
			0	0	DEFINED	70
ELI LILLY & CO	COM	532457108	55	1556 SH	OTHER	70
			0	0	OTHER	70
LOWES COMPANIES INC	COM	548661107	551	20834 SH	DEFINED	70
			0	0	DEFINED	70
LOWES COMPANIES INC	COM	548661107	15	550 SH	OTHER	70
			0	0	OTHER	70
MASCO CORP	COM	574599106	207	14900 SH	DEFINED	70
MASCO CORP	COM	574599106	29	2100 SH	OTHER	70
MCDONALDS CORP	COM	580135101	15	200 SH	DEFINED	70
MCDONALDS CORP	COM	580135101	208	2735 SH	OTHER	70
MCGRAW HILL COS INC	COM	580645109	644	16342 SH	DEFINED	70
MCGRAW HILL COS INC	COM	580645109	28	700 SH	OTHER	70
			0	0	OTHER	70
MEDTRONIC INC	COM	585055106	2024	51442 SH	DEFINED	70
			0	0	DEFINED	70
			0	0	DEFINED	70
MEDTRONIC INC	COM	585055106	75	1904 SH	OTHER	70
			0	0	OTHER	70
MERCK & CO INC	COM	58933Y105	116	3520 SH	DEFINED	70
MERCK & CO INC	COM	58933Y105	137	4165 SH	OTHER	70
			0	0	OTHER	70
MICROSOFT CORP	COM	594918104	2867	112918 SH	DEFINED	70
			0	0	DEFINED	70
			0	0	DEFINED	70
MICROSOFT CORP	COM	594918104	205	8063 SH	OTHER	70
			0	0	OTHER	70
NBT BANCORP INC	COM	628778102	535	23486 SH	OTHER	70
NIKE INC	COM	654106103	886	11699 SH	DEFINED	70
			0	0	DEFINED	70
NIKE INC	COM	654106103	76	1000 SH	OTHER	70
			0	0	OTHER	70
NOKIA CORP	FOR	654902204	174	20475 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	97	1400 SH	DEFINED	70
NORFOLK SOUTHERN CORP	COM	655844108	125	1800 SH	OTHER	70
ORACLE CORP	COM	68389X105	698	20875 SH	DEFINED	70
			0	0	DEFINED	70

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ORACLE CORP	COM	68389X105	15	452	SH	OTHER
PEPSICO INC	COM	713448108	2610	40527	SH	DEFINED
			0	0		DEFINED
PEPSICO INC	COM	713448108	422	6550	SH	OTHER
			0	0		OTHER
PFIZER INC	COM	717081103	567	27912	SH	DEFINED
			0	0		DEFINED
PFIZER INC	COM	717081103	239	11767	SH	OTHER
			0	0		OTHER
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	57	870	SH	DEFINED
PHILIP MORRIS INTERNATIONAL INC	COM	718172109	352	5369	SH	OTHER
			0	0		OTHER
PROCTER & GAMBLE CO	COM	742718109	3485	56567	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
PROCTER & GAMBLE CO	COM	742718109	717	11637	SH	OTHER
			0	0		OTHER
SCHLUMBERGER LTD	COM	806857108	634	6799	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
SCHLUMBERGER LTD	COM	806857108	28	300	SH	OTHER
			0	0		OTHER
SOUTHERN CO	COM	842587107	1445	37908	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
SOUTHERN CO	COM	842587107	237	6208	SH	OTHER
			0	0		OTHER
STATE STREET CORP	COM	857477103	734	16325	SH	DEFINED
STATE STREET CORP	COM	857477103	40	900	SH	OTHER
			0	0		OTHER
TARGET CORP	COM	8.76E+110	752	15034	SH	DEFINED
			0	0		DEFINED
TARGET CORP	COM	8.76E+110	98	1950	SH	OTHER
			0	0		OTHER
TEXAS INSTRUMENTS INC	COM	882508104	519	15025	SH	DEFINED
TEXAS INSTRUMENTS INC	COM	882508104	17	500	SH	OTHER
3M CO	COM	88579Y101	1655	17700	SH	DEFINED
			0	0		DEFINED
3M CO	COM	88579Y101	458	4900	SH	OTHER
			0	0		OTHER
TRUSTCO BANK CORP NY	COM	898349105	2277	384055	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
			0	0		DEFINED
TRUSTCO BANK CORP NY	COM	898349105	1649	278037	SH	OTHER
			0	0		OTHER
UNITED PARCEL SERVICE	COM	911312106	586	7890	SH	DEFINED
			0	0		DEFINED
UNITED PARCEL SERVICE	COM	911312106	67	900	SH	OTHER

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UNITED TECHNOLOGIES CORP	COM	913017109	3225	38097	SH	OTHER	70
			0	0		DEFINED	70
			0	0		DEFINED	70
UNITED TECHNOLOGIES CORP	COM	913017109	241	2850	SH	OTHER	70
			0	0		OTHER	70
VANGUARD	MUT	922042858	2365	48310	SH	DEFINED	70
			0	0		DEFINED	70
			0	0		DEFINED	70
VANGUARD	MUT	922042858	89	1820	SH	OTHER	70
			0	0		OTHER	70

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COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5	COLUMN 6	COLUMN 7
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PUT/ CALL	INVESTMENT DISCRETION
			0	0		OTHER
VERIZON COMMUNICATIONS INC	COM	92343V104	1374	35660	SH	DEFINED
			0	0		DEFINED
VERIZON COMMUNICATIONS INC	COM	92343V104	352	9146	SH	OTHER
			0	0		OTHER
WAL-MART STORES INC	COM	931142103	1581	30366	SH	DEFINED
			0	0		DEFINED
			0	0		DEFINED
WAL-MART STORES INC	COM	931142103	160	3075	SH	OTHER
			0	0		OTHER
WELLS FARGO & CO NEW	COM	949746101	1781	56150	SH	DEFINED
			0	0		DEFINED
WELLS FARGO & CO NEW	COM	949746101	242	7623	SH	OTHER
			0	0		OTHER
NOBLE CORPORATION	FOR	H5833N103	1122	24598	SH	DEFINED
			0	0		DEFINED
NOBLE CORPORATION	FOR	H5833N103	46	1000	SH	OTHER