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FEDERATED NATIONAL HOLDING CO

09/11/2014

Form 4

September 11, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL OMB Number: Sexpires: January 31, 2005 Estimated average burden hours per response 0.5										
1(b). (Print or Type	Responses)									
1. Name and Braun Mic	Address of Reporting hael H	2. Issuer Name an Symbol FEDERATED N HOLDING CO	NATION A			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 14050 N.W 180	(First) 7. 14 STREET, S	(3. Date of Earliest Transaction (Month/Day/Year) 09/09/2014				_X Director 10% Owner Selficer (give title Other (specify below) Chief Executive Officer & Pres			
SUNRISE,	(Street) FL 33323		If Amendment, Date Original led(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-	Derivative	Secui	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		d 3. Date, if Transaction Code y/Year) (Instr. 8)		es Ac	equired (A)	·	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.01 per share	09/09/2014		A	45,000		<u>(1)</u>	241,044 (2)	D		
Common Stock, par value \$0.01 per share	09/11/2014		М	500 (3)	A	\$ 4.59 (<u>3)</u>	241,544 <u>(2)</u>	D		

 \mathbf{M}

A

281,544 (2)

D

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Common Stock, par value \$0.01 per share			40,000		\$ 4.73 (<u>3)</u>		
Common Stock, par value \$0.01 per share	09/11/2014	S	27,336	D	\$ 24.9978 (4)	254,178 (2)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Options (right to buy)	\$ 4.59	09/11/2014		M	500	12/12/2009	12/12/2014	Common Stock, par value \$0.01 pre share	500
Stock Options (right to buy)	\$ 4.73	09/11/2014		M	40,000	01/02/2010	01/02/2015	Common Stock, par value \$0.01 per share	40,000
Stock Options (right to buy)	\$ 4.36					03/03/2011(5)	03/03/2020	Common Stock, par value \$0.01 per share	15,000
Stock Options	\$ 2.45					08/22/2012 <u>(6)</u>	08/22/2021	Common Stock, par	10,000

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(right to			value	
buy)			\$0.01 per	
			share	
Stock			Common	
Options	\$ 4.4	04/06/2013 ⁽⁶⁾ 04/06/2022	Stock, par	15,000
(right to	φ τ.τ	04/00/2013 <u>~</u> 04/00/2022	value	13,000
buy)			\$0.01	

Reporting Owners

Reporting Owner Name / Address	Relationships					
1 6	Director	10% Owner	Officer	Other		
Braun Michael H 14050 N.W. 14 STREET SUITE 180 SUNRISE, FL 33323	X		Chief Executive Officer & Pres			

Signatures

/s/ Michael H.

Braun 09/11/2014

**Signature of Person Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock award pursuant to the Issuer's 2012 Stock Incentive Plan.
- (2) A total of 205,663 of the Reporting Person's shares are subject to vesting under the Issuer's 2012 Stock Incentive Plan.
- (3) Shares acquired upon exercise of vested options previously granted under the Issuer's stock option plans.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$24.81
- (4) to \$25.19, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the SEC, upon request, full information regarding the number of shares sold at each separate price with the range set forth above.
- (5) The options vest 20% per year.
- (6) The options vest 33 1/3 per year.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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