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MEDIFAST INC  
Form 25  
August 24, 2006

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                        OMB APPROVAL
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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 25

NOTIFICATION OF REMOVAL FROM LISTING AND/OR REGISTRATION  
UNDER SECTION 12(b) OF THE SECURITIES EXCHANGE ACT OF 1934.

Commission File Number 000-23016

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Issuer:    Medifast, Inc.
Exchange:  American Stock Exchange

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(Exact name of Issuer as specified in its charter, and  
name of Exchange where security is listed and/or registered)

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Address:                11445 Cronhill Drive
                        Owings Mills, Maryland 21117
Telephone number:      410-581-8042

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(Address, including zip code, and telephone number, including area code,  
of Issuer's principal executive offices)

Common Stock, par value \$.001

(Description of class of securities)

Please place an X in the box to designate the rule provision relied upon to  
strike the class of securities from listing and registration:

- 17 CFR 240.12d2-2(a)(1)
- 17 CFR 240.12d2-2(a)(2)
- 17 CFR 240.12d2-2(a)(3)
- 17 CFR 240.12d2-2(a)(4)
- Pursuant to 17 CFR 240.12d2-2(b), the Exchange has complied with its  
rules to strike the class of securities from listing and/or withdraw  
registration on the Exchange. (1)
- Pursuant to 17 CFR 240.12d2-2(c), the Issuer has complied with its

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rules of the Exchange and the requirements of 17 CFR 240.12d-2(c) governing the voluntary withdrawal of the class of securities from listing and registration on the Exchange.

Pursuant to the requirements of the Securities Exchange Act of 1934, Medifast, Inc. certifies that it has reasonable grounds to believe that it meets all of the requirements for filing the Form 25 and has caused this notification to be signed on its behalf by the undersigned duly authorized person.

----- 2006-08-24 -----	By	----- Michael McDevitt -----	----- President & CFO -----
Date		Name	Title