KITS VAN HEYNINGEN MARTIN
Form 4
January 26, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
KITS VAN HEYNINGEN MARTIN

(Last) (First) (Middle)

KVH INDUSTRIES, INC., 50 ENTERPRISE CENTER

(Street)

MIDDLETOWN, RI 02842

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol
KVH INDUSTRIES INC \DE\ [KVHI]

3. Date of Earliest Transaction (Month/Day/Year)
01/25/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

__X__ Director _____ 10% Owner
__X__ Officer (give title below) _____ Other (specify below)
CEO/Chairman BOD

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	01/25/2010		J(1)		4,000	A	$ 10.11	361,937	D	
Common Stock	01/25/2010		S(2)		100	D	$ 12.52	361,837	D	
Common Stock	01/25/2010		S(2)		200	D	$ 12.53	361,637	D	
Common Stock	01/25/2010		S(2)		100	D	$ 12.55	361,537	D	
Common Stock	01/25/2010		S(2)		400	D	$ 12.59	361,137	D	

Common Stock	01/25/2010		S[(2)]	667	D	$ 12.62	360,470	D	
Common Stock	01/25/2010		S[(2)]	333	D	$ 12.75	360,137	D	
Common Stock	01/25/2010		S[(2)]	400	D	$ 12.86	359,737	D	
Common Stock	01/25/2010		S[(2)]	400	D	$ 13.1001	359,337	D	
Common Stock	01/25/2010		S[(2)]	400	D	$ 13.14	358,937	D	
Common Stock	01/25/2010		S[(2)]	600	D	$ 13.22	358,337	D	
Common Stock	01/25/2010		S[(2)]	400	D	$ 13.2201	357,937	D	
Common Stock							8,958	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Ar or Nu of Sh
Employee Stock Options-Right to Buy	$ 10.11	01/25/2010		J[(3)]			4,000	03/03/2009[(4)]	03/03/2010	Common Stock	4
Employee Stock Options-Right to Buy	[(6)]							[(6)]	[(6)]	Common Stock	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
KITS VAN HEYNINGEN MARTIN KVH INDUSTRIES, INC. 50 ENTERPRISE CENTER MIDDLETOWN, RI 02842	X		CEO/Chairman BOD	

Signatures

Martin Kits van Heyningen	01/26/2010
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Shares acquired via the exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.

(2) Shares sold according to the terms of a Rule 10b5-1 trading plan established with ETRADE Securities LLC.

(3) Exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.

(4) Date option became fully vested.

(5) Represents total vested/unexercised options "beneficially owned".

(6) Not applicable.

(7) Represents total vested/unexercised options "beneficially owned" by spouse.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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