Nitsou Paul Form 4 March 01, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

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SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

1(b).

(Last)

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person *

Nitsou Paul

(First) (Middle)

1370 TIMBERLAKE MANOR **PARKWAY**

CHESTERFIELD MO 63017

(Street)

2. Issuer Name and Ticker or Trading Symbol

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

30(h) of the Investment Company Act of 1940

REINSURANCE GROUP OF AMERICA INC [RGA]

3. Date of Earliest Transaction

(Month/Day/Year) 02/28/2011

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner Other (specify Officer (give title below)

EVP, Global Major Accounts

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

CHESTER IEEE, WO 03017								
(61.	(0)	(T')						

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	, ,			5. Amount of 6. Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(msu. +)	
Common Stock	02/28/2011		M	10,320	A	\$ 39.61	49,062	D	
Common Stock	02/28/2011		M	8,953	A	\$ 47.47	58,015	D	
Common Stock	02/28/2011		M	9,741	A	\$ 47.48	67,756	D	
Common Stock	02/28/2011		S	29,014	D	\$ 60.3323	38,742	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	orDeri Secu Acqu or D (D)	curities (Month/Day/Year) quired (A) Disposed of) str. 3, 4,		e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to purchase)	\$ 39.61	02/28/2011		M		10,320	12/31/2008	01/28/2004	Common Stock	10,320
Stock Option (right to purchase)	\$ 47.47	02/28/2011		M		8,953	01/27/2006	01/27/2015	Common Stock	8,953
Stock Option (right to purchase)	\$ 47.48	02/28/2011		M		9,741	02/21/2007	02/21/2016	Common Stock	9,741

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Nitsou Paul

1370 TIMBERLAKE MANOR PARKWAY CHESTERFIELD, MO 63017

EVP, Global Major Accounts

Signatures

William Hutton, by power of

attorney 03/01/2011

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.