SONDE RESOURCES CORP. Form 6-K

September 21, 2010

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of	September				2010
Commission File Number	001-31395				
		Sonde Re	sources Corp.		
	(Translatio	on of regist	rant's name in	nto English)	
	Suite 3200, 500 - 4th A		/, Calgary, Alapal executive	•	2V6
Indicate by check mark	whether the registrant f	files or wil	l file annual re	eports under cover	of Form 20-F or Form 40F:
Form 20-F		Form 40-F	X		
Indicate by check mark Rule 101(b)(1):	if the registrant is subm	nitting the	Form 6-K in p	paper as permitted b	by Regulation S-T
Indicate by check mark Rule 101(b)(7):	if the registrant is subm	nitting the	Form 6-K in p	paper as permitted b	by Regulation S-T
•	•				registrant is also thereby ities Exchange Act of 1934
Yes		No	X		
If "Yes" is marked, ind 12g3-2(b): 82	icate below the file num	ıber assign	ed to the regis	strant in connection	with Rule

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DOCUMENTS INCLUDED AS PART OF THIS REPORT

Document Description

1. News release, dated September 20, 2010.

Document 1

For Immediate Release

September 20, 2010

SONDE RESOURCES CORP. PROVIDES UPDATE ON TUNISIA PROJECT, STATUS OF RELATIONSHIP WITH JOINT VENTURE PARTNER

CALGARY, ALBERTA--(Marketwire – September 20, 2010) - Sonde Resources Corp. ("Sonde") (TSX:SOQ)(NYSE Amex LLC: SOQ) announced today that in its capacity as Operator under the Joint Operating Agreement (the "JOA") between Sonde and Canadian Sahara Energy Inc ("Sahara") covering the 7th of November Block, offshore Tunisia / Libya, Sonde issued a Notice of Default dated September 16, 2010 to Sahara due to Sahara's failure to pay when due its share of Joint Account expenses associated with the 7th of November Block. Under the terms of the JOA, a formal default period will begin 5 business days after issuance of this notice; after the default period begins, Sahara will have a period of 30 days from the date of the original notice, or until October 15, 2010, to pay all outstanding Joint Account expenses associated with its 50% working interest in the 7th of November Block.

Sonde is working closely with Sahara to resolve this matter and will provide an update when more information is available.

FOR FURTHER INFORMATION PLEASE CONTACT:

Sonde Resources Corp. Suite 3200, 500 - 4th Avenue S.W. Calgary, Alberta, Canada T2P 2V6 Investor Relations

Phone: (403) 294-1411 Fax: (403) 216-2374

www.sonderesources.com

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

SONDE RESOURCES CORP.

(Registrant)

Date: September 21, 2010 By: /s/ Robb Thompson

Name: Robb Thompson

Title: Chief Financial Officer