

NATIONAL HEALTH INVESTORS INC

Form 4

January 28, 2003

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 WASHINGTON, D.C. 20549  
 FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

( ) Check this box if no longer subject to Section 16.  
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person  
 McCabe, Jr., Robert A.  
 4418 Herbert Place  
 Nashville, TN 37215  
 USA
2. Issuer Name and Ticker or Trading Symbol  
 National Health Investors, Inc.  
 NHI
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year  
 January 27, 2003
5. If Amendment, Date of Original (Month/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)  
 (X) Director ( ) 10% Owner ( ) Officer (give title below) ( ) Other  
 (specify below)
7. Individual or Joint/Group Filing (Check Applicable Line)  
 (X) Form filed by One Reporting Person  
 ( ) Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security                         | 2. Transaction Date | 3. Code | 4. Securities Acquired (A) or Disposed of (D)<br>Amount | 5. Amount of Securities Beneficially Owned at End of Month<br>Price |
|--|---------------------|---------|---|---|
| National Health Investors, Inc. Common Stock | 1-27-03             | S       | 1,125 D   | \$14.22 1,348   |

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Derivative Security | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date | 4. Code | 5. Number of Derivative Securities Acquired (A) or Disposed of (D)<br>Amount | 6. Date Exercisable and Expiration Date<br>Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities<br>Title and Number of Shares | 8. Purchase or Sale of Underlying Securities<br>of |
|---------------------------------|--|---------------------|---------|--|--|--|--|
|---------------------------------|--|---------------------|---------|--|--|--|--|

Explanation of Responses:  
SIGNATURE OF REPORTING PERSON  
Robert A. McCabe, Jr.  
DATE  
January 27, 2003