

NATIONAL HEALTH INVESTORS INC  
Form 8-K  
February 19, 2019

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT  
TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): February 19, 2019 (February 19, 2019)

National Health Investors, Inc.  
(Exact name of Registrant as specified in its charter)

Maryland  
(State or other jurisdiction of incorporation or organization)

|                       |   |
|-----------------------|---|
| 001-10822             | 62-1470956                                    |
| (Commission File No.) | (I.R.S.<br>Employer<br>Identification<br>No.) |

222 Robert Rose Drive  
Murfreesboro, Tennessee 37129  
(Address of principal executive offices)

(615) 890-9100  
(Registrant's telephone number, including area code)

Not Applicable  
(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

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Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01. Regulation FD Disclosure.

The Company is furnishing its Supplemental Information for the quarter ended December 31, 2018, which is also contained on its website ([www.nhireit.com](http://www.nhireit.com)). See Exhibit 99.1 and Exhibit 99.2 to this Current Report on Form 8-K.

Item 9.01. Financial Statements and Exhibits.

Exhibit Index

Number Exhibit

99.1 Supplemental Information for the three months ended December 31, 2018, dated February 19, 2019, in HTML format

99.2 Supplemental Information for the three months ended December 31, 2018, dated February 19, 2019, in PDF format

SIGNATURES

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

National Health Investors, Inc.

By: /s/ Roger R. Hopkins  
Name: Roger R. Hopkins  
Title: Chief Accounting Officer

Date: February 19, 2019