Foutch Randy A Form 4 July 26, 2012

FORM 4

Check this box

if no longer

subject to

Section 16.

Form 4 or

obligations

may continue.

See Instruction

Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

wasnington, D.C. 20549
STATEMENT OF CHANGES IN BENEFICIAL O

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Foutch Randy A			2. Issuer Name and Ticker or Trading Symbol Laredo Petroleum Holdings, Inc. [LPI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 15 W. SIXTH 1800	(First) STREET, S	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 07/25/2012	_X Director 10% Owner S Officer (give title Other (specify below) Chairman and CEO		
(Street) TULSA, OK 74119			4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State) (Zip) Table	e I - No	n-De	erivative S	ecurit	ties Acq	uired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code		4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	07/25/2012		G	V	45,148	D	<u>(1)</u>	557,957	D	
Common Stock	07/25/2012		G	V	11,287	A	<u>(2)</u>	100,037	I	By Foutch Family Trust A (3)
Common Stock	07/25/2012		G	V	11,287	A	<u>(2)</u>	100,037	I	By Foutch Family Trust B (3)
Common Stock	07/25/2012		G	V	11,287	A	<u>(2)</u>	100,037	I	By Foutch Family

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									Trust C $\frac{(3)}{}$
Common Stock	07/25/2012	G	V	11,287	A	(2)	100,037	I	By Foutch Family Trust D (3)
Common Stock							500	I	By Daughter (3)
Common Stock							529,989	I	By Lariat Ranch LLC (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Kelationships						
Fg	Director	10% Owner	Officer	Other			
Foutch Randy A							
15 W. SIXTH STREET, SUITE 1800	X		Chairman and CEO				
TULSA, OK 74119							

Signatures

/s/ Kenneth E. Dornblaser, as attorney-in-fact for Randy A. 07/26/2012 Foutch

**Signature of Reporting Person

Reporting Owners 2

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) No consideration received.
- (2) No consideration given.
 - By reason of the provisions of Rule 16a-1 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), Mr. Foutch may be deemed to be a beneficial owner of the 400,148 shares of common stock of the Issuer held by the Foutch Family Trusts, the 500 shares of
- (3) common stock of the Issuer held by his daughter and the 529,989 shares of common stock held by Lariat Ranch LLC. Pursuant to Rule 16a-1(a)(4) of the Exchange Act, Mr. Foutch herein states that this Form 4 shall not be deemed an admission that he is the beneficial owner of such shares of common stock. Mr. Foutch disclaims beneficial ownership of the common stock of the Issuer, except to the extent that he has a pecuniary interest in such shares of common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.