BARNWELL INDUSTRIES INC

Form 4

February 19, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

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January 31, 2005

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if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * KINZLER ALEXANDER C

2. Issuer Name and Ticker or Trading

Symbol

Issuer

BARNWELL INDUSTRIES INC [BRN]

(Check all applicable)

President and COO

5. Relationship of Reporting Person(s) to

(Last)

(First)

(Middle)

3. Date of Earliest Transaction

X Director X_ Officer (give title

10% Owner Other (specify

1100 ALAKEA STREET, SUITE

2900

(Month/Day/Year) 02/19/2010

below)

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

HONOLULU, HI 96813

(City)	(State)	(Zip) Tabl	le I - Non-D	Derivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	, , ,			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	02/19/2010		P	200	A	\$ 3.95	285,700	D	
Common Stock	02/19/2010		P	100	A	\$ 3.94	285,800	D	
Common Stock	02/19/2010		P	100	A	\$ 3.96	285,900	D	
Common Stock	02/19/2010		P	300	A	\$ 4	286,200	D	
Common Stock	02/19/2010		P	400	A	\$ 3.99	286,600	D	

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Common Stock	02/19/2010	P	100	A	\$ 3.98	286,700	D	
Common Stock	02/19/2010	P	100	A	\$ 4.05	286,800	D	
Common Stock	02/19/2010	P	630	A	\$ 4.15	287,430	D	
Common Stock	02/19/2010	P	170	A	\$ 4.14	287,600	D	
Common Stock	02/19/2010	P	100	A	\$ 4.159	287,700	D	
Common Stock	02/19/2010	P	300	A	\$ 4.2	288,000	D	
Common Stock						3,000	I	By children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.		5.	6. Date Exerc	cisable and	7. Tit.	le and	8. Price of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transa	ctio	Number	Expiration Da	ate	Amou	int of	Derivative	
Security	or Exercise		any	Code		of	(Month/Day/	Year)	Under	rlying	Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr.	8)	Derivative			Secur	ities	(Instr. 5)	
	Derivative					Securities			(Instr.	. 3 and 4)		
	Security					Acquired						
						(A) or						
						Disposed						
						of (D)						
						(Instr. 3,						
						4, and 5)						
										Amount		
							Date	Expiration		or		
							Exercisable	Date	Title	Number		
										of		
				Code	V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships								
•	Director	10% Owner	Officer	Other					
KINZLER ALEXANDER C 1100 ALAKEA STREET SUITE 2900	X		President and COO						

Reporting Owners 2

HONOLULU, HI 96813

Signatures

/s/ Alexander C. 02/19/2010 Kinzler

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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