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DENAHAN Form 4 March 23, 20	WELLINGTO	N									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPE Washington, D.C. 20549 OMB Number: 3								3235-028			
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(Print or Type R	lesponses)										
DENAHAN WELLINGTON Sym				LY CAPI	l Ticker or ΄ TAL Γ INC [N		g	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
MANAGEM	(First) LY CAPITAL IENT, INC., 12 IF THE AMER	211	3. Date of (Month/D 03/23/20	-	ransaction			_X_ Director _X_ Officer (give below) Vice Chairn		Owner r (specify & CIO	
				nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	Derivative S	Securi	ties Acqu	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	r) Execution any		3. Transactic Code (Instr. 8) Code V	4. Securiti n(A) or Dis (Instr. 3, 4) Amount	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/23/2010			М	37,500	А	\$ 11.72	613,263	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	orDerri Secu Acq or D (D)	urities uired (A) isposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount o Number o Shares
Option to purchase Common Stock (1)	\$ 17.97						08/04/2004	08/04/2013	Common Stock	150,000
Option to purchase Common Stock (1)	\$ 17.39						04/19/2005	04/19/2014	Common Stock	150,000
Option to purchase Common Stock (1)	\$ 17.07						07/07/2006	07/07/2015	Common Stock	150,000
Option to purchase Common Stock (1)	\$ 11.72	03/23/2010		М		37,500	02/13/2007	02/13/2016	Common Stock	37,500
Option to purchase Common Stock (1)	\$ 15.7						05/17/2008	05/17/2017	Common Stock	150,000
Option to purchase Common Stock (1)	\$ 16.46						05/08/2009	05/08/2018	Common Stock	200,000
Option to purchase Common Stock (1)	\$ 15.61						09/19/2009	09/19/2018	Common Stock	200,000
Option to purchase Common Stock (1)	\$ 13.25						04/22/2010	04/22/2019	Common Stock	400,000

Reporting Owners

Reporting Owner Name / Address		Relationships						
		Director	10% Owner	Officer	Other			
DENAHAN WELLINGTON C/O: ANNALY CAPITAL MA 1211 AVENUE OF THE AME NEW YORK, NY 10036	х		Vice Chairman of Board & CIO					
Signatures								
/s/ Wellington Denahan-Norris	03/23/2010							
**Signature of Reporting Person	Date							
Explanation of Re	sponses:							

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options previously granted.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.