Spectra Energy Corp.
Form 4
January 04, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
WYRSCH MARTHA B

(Last) (First) (Middle)

5400 WESTHEIMER COURT

(Street)

HOUSTON, TX 77056-5310

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol
Spectra Energy Corp. [SE]

3. Date of Earliest Transaction (Month/Day/Year)
01/02/2007

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

__X__ Director _____ 10% Owner
__X__ Officer (give title below) _____ Other (specify below)
Pres.& CEO, SE-Transmission

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transaction Code	5. Number of Derivative Securities	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and A Underlying S (Instr. 3 and 4

	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title
LTIP Phantom Stock Grant Feb 2004 (1)	(2)	01/02/2007		A		6,318		(3)	(4)	Common Stock
LTIP Phantom Stock Grant Feb 2005 (1)	(2)	01/02/2007		A		6,860		(5)	(4)	Common Stock
LTIP Phantom Stock Grant Apr 2006 (1)	(2)	01/02/2007		A		7,770		(6)	(4)	Common Stock
LTIP Phantom Stock Grant July 2006 (1)	(2)	01/02/2007		A		1,750		(6)	(4)	Common Stock
Performance Shares (1)	(2)	01/02/2007		A		13,165		02/24/2007	(4)	Common Stock
Performance Shares (1)	(2)	01/02/2007		A		10,720		02/28/2008(7)	(4)	Common Stock
Performance Shares (1)	(2)	01/02/2007		A		14,280		04/04/2009(7)	(4)	Common Stock
Performance Shares/Chairman's Award (1)	(2)	01/02/2007		A		12,000		09/20/2007	(4)	Common Stock
Performance Shares ESP (1)	(2)	01/02/2007		A		2,690		(8)	(4)	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WYRSCH MARTHA B 5400 WESTHEIMER COURT HOUSTON, TX 77056-5310	X		Pres.& CEO, SE-Transmission	

Signatures

Beverly J. Fite as Attorney in Fact for Martha B. Wyrsch.	01/04/2007
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On January 2, 2007, Duke Energy Corporation distributed all of the shares of common stock of Spectra Energy Corp to Duke Energy's shareholders. In connection with the distribution, the reporting person was granted long-term incentive awards in partial substitution of long-term incentive awards previously issued by Duke Energy.

(2) Converts to Common Stock on a 1-for-1 basis.

(3) The phantom shares vest in 3 annual installments beginning February 2007.

(4) Expiration date not applicable.

(5) The phantom shares vest in 4 annual installments beginning February 2007.

(6) The phantom shares vest in 5 annual installments beginning April 2007.

(7) May vest earlier upon achievement of specified total shareholder return.

(8) Payable upon termination of employment or occurence of other events as specified in the Spectra Energy Corp Executive Savings Plan, subject to holding periods required by law.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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