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Spectra Ene Form 4	ergy Corp.							
January 04,	2007							
	ЛЛ						PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							3235-0287	
Check t if no lor subject Section Form 4 Form 5	nger to 16. or Filed pur	AENT OF CHA	F CHANGES IN BENEFICIAL OWNERSHIP O SECURITIES Section 16(a) of the Securities Exchange Act of 1934				January 31, 2005 average urs per . 0.5	
obligati may con <i>See</i> Inst 1(b).	ons ntinue. Section 17((a) of the Public	Utility Holding Co Investment Compa	mpany Act	of 1935 or Secti			
(Print or Type	Responses)							
1. Name and Harris Alar	Address of Reporting 1 N	Symb		5. Relationship of Reporting Person(s) to Issuer				
		•	tra Energy Corp. [S	-	(Ch	eck all applicabl	e)	
(Last) 5400 WES	(First) (THEIMER COUF	(Mont	e of Earliest Transactior h/Day/Year) 2/2007	1	Director X Officer (gi below) Group		% Owner her (specify 7.Off.	
	(Street)		Month/Day/Year) Applicable Line)			-	int/Group Filing(Check Dne Reporting Person	
HOUSTON	N, TX 77056-5310)				More than One R		
(City)	(State)	(Zip) T	able I - Non-Derivative	e Securities A	Acquired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i any (Month/Day/Year	Code Disposed	(A) or d of (D) 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Re	port on a separate line	e for each class of s		ons who res	or indirectly. spond to the colle tained in this form		SEC 1474 (9-02)	

required to respond to the conection of (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount o
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	nof Derivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed (D) (Instr. 3, and 5)	l of			
				Code V	(A)	(D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares
LTIP Phantom Stock Grant Feb 2004 (1)	(2)	01/02/2007		A	1,647	<u>(3)</u>	<u>(4)</u>	Common Stock	1,647
LTIP Phantom Stock Grant Feb 2005 (1)	(2)	01/02/2007		А	2,080	<u>(5)</u>	<u>(4)</u>	Common Stock	2,080
LTIP Phantom Stock Grant Apr 2006 (1)	(2)	01/02/2007		А	2,555	<u>(6)</u>	(4)	Common Stock	2,555
Performance Shares (1)	<u>(2)</u>	01/02/2007		А	3,430	02/24/2007	(4)	Common Stock	3,430
Performance Shares (1)	<u>(2)</u>	01/02/2007		А	3,250	02/28/2008(7)	(4)	Common Stock	3,250
Performance Shares (1)	<u>(2)</u>	01/02/2007		А	3,835	04/04/2009(7)	(4)	Common Stock	3,835
LTIP Restricted Shares (1)	(2)	01/02/2007		A	5,000	02/01/2010	<u>(4)</u>	Common Stock	5,000
Phantom Stock ESP (1)	(2)	01/02/2007		А	1,404	(8)	(4)	Common Stock	1,404

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Harris Alan N 5400 WESTHEIMER COURT HOUSTON, TX 77056-5310			Group VP & Chief Dev.Off.			

Signatures

Beverly J. Fite as Attorney in Fact for Alan N. Harris.

**Signature of Reporting Person

Date

01/04/2007

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On January 2, 2007, Duke Energy Corporation distributed all of the shares of common stock of Spectra Energy Corp to Duke Energy's
 (1) shareholders. In connection with the distribution, the reporting person was granted long-term incentive awards in partial substitution of long-term incentive awards previously issued by Duke Energy.
- (2) Converts to Common Stock on a 1-for-1 basis.
- (3) The phantom shares vest in 3 annual installments beginning February 2007.
- (4) Expiration date not applicable.
- (5) The phantom shares vest in 4 annual installments beginning February 2007.
- (6) The phantom shares vest in 5 annual installments beginning April 2007.
- (7) May vest earlier upon achievement of specified total shareholder return.
- (8) Payable upon termination of employment or occurence of other events as specified in the Spectra Energy Corp Executive Savings Plan, subject to holding periods required by law.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.