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Spectra Energy Form 4	Corp.										
February 28, 20	007										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Weshington D.C. 20549									PPROVAL 3235-0287		
Washington, D.C. 20549Check this box if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL OWNERSForm 4 or Form 5 obligations may continue.Statement of Changes in Beneficial OWNERSForm 5 						ge Act of 1934, f 1935 or Sectio	Expires: Estimated a burden hou response	Expires:January 31Expires:200Estimated averageburden hours perresponse0.3			
(Print or Type Res	ponses)										
PHELPS MICHAEL E J Symbol				Name and Ticker or Trading Energy Corp. [SE]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
				of Earliest Transaction /Day/Year) 2007				Officer (give title 0/0 Owner Other (specify below) below)			
Filed(Mont			ndment, Date Original th/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
HOUSTON, T	X 77056-5310							Person		porting	
(City)	(State)	(Zip)	Table	e I - Non-De	erivative S	ecuri	ties Aco	quired, Disposed o	f, or Beneficia	lly Owned	
	any		ned n Date, if Day/Year)	3.4. SecuritiesTransactionAcquired (A) orCodeDisposed of (D)(Instr. 8)(Instr. 3, 4 and 5)			SecuritiesIBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock)2/24/2007			Code V M	Amount 150	or (D) A	Price \$ 0	(Instr. 3 and 4)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. 5. Number Transactions Code Derivative (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivativ Security (Instr. 5)
			Code V	(A) (D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
LTIP Phantom Stock Grant Feb 2004	<u>(1)</u>	02/24/2007	М	15) <u>(2)</u>	(3)	Common Stock	150	\$ 0

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Reporting Owners

Reporting Owner Name / Address		Relationsh	ips				
	Director	10% Owner	Officer	Other			
PHELPS MICHAEL E J 5400 WESTHEIMER COURT HOUSTON, TX 77056-5310	Х						
Signatures							
Beverly J. Fite as Attorney in Fa Phelps.	act for Mi	chael E.J.		02/28/2007			
<u>**</u> Signature of Reportir	g Person	Date					
Explanation of Responses:							

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Converts to Common Stock on a 1-for-1 basis.
- (2) The phantom shares vest in 3 annual installments beginning February 2007.
- (3) Expiration date not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.