

QUAIN MITCHELL I
Form 4
February 12, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
QUAIN MITCHELL I

2. Issuer Name and Ticker or Trading Symbol
RBC Bearings INC [ROLL]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

1 BRISTOL ROAD

3. Date of Earliest Transaction (Month/Day/Year)
02/09/2018

____ Director _____ 10% Owner
____ Officer (give title below) _____ Other (specify below)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
X Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

MIDDLEBURY, CT 06762

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (D)	Price	
Common Stock	02/09/2018		M		2,500	A \$ 40.15	10,500 (1) (2) D
Common Stock	02/09/2018		D		2,500	D \$ 116.1288	8,000 (1) (2) D
Common Stock	02/09/2018		M		2,500	A \$ 44.6	10,500 (1) (2) D
Common Stock	02/09/2018		D		2,500	D \$ 116.1288	8,000 (1) (2) D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not

SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 40.15	02/09/2018		M	2,500	11/14/2012 ⁽³⁾ 11/14/2018		Common Stock	2,500
Option to Purchase Common Stock	\$ 44.6	02/09/2018		M	2,500	06/04/2013 ⁽³⁾ 06/04/2019		Common Stock	2,500
Option to Purchase Common Stock	\$ 51.08					06/14/2014 ⁽⁴⁾ 06/14/2020		Common Stock	2,500
Option to Purchase Common Stock	\$ 64.15					07/01/2015 ⁽⁵⁾ 07/01/2021		Common Stock	2,000
Option to Purchase Common Stock	\$ 72.83					07/01/2016 ⁽⁶⁾ 07/01/2022		Common Stock	2,000
Option to Purchase Common Stock	\$ 72.94					07/08/2017 ⁽⁷⁾ 07/08/2023		Common Stock	2,000
Option to Purchase Common Stock	\$ 99.64					06/27/2018 ⁽⁸⁾ 06/27/2024		Common Stock	2,000

