CONAGRA FOODS INC /DE/

Form 4 October 05, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * **ROSKENS RONALD W**

(First)

(State)

2. Issuer Name and Ticker or Trading

Symbol

CONAGRA FOODS INC /DE/

[CAG]

(Middle)

(Zip)

3. Date of Earliest Transaction

(Month/Day/Year) 10/04/2006

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

10% Owner

Other (specify

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

GLOBAL CONNECTIONS, INC., 412 N. 85TH ST.

> (Street) 4. If Amendment, Date Original

> > Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

_X__ Director

Officer (give title

X Form filed by One Reporting Person Form filed by More than One Reporting

below)

OMAHA, NE 68114

(City)

(,)	Tab				e 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of	2. Transaction Date	2A. Deemed	3. Transaction		4. Securities Acquired n(A) or Disposed of			5. Amount of	6. Ownership	7. Nature of Indirect			
Security	(Month/Day/Year)	Execution Date, if						Securities	Form: Direct				
(Instr. 3)		any	Code		(D)			Beneficially	(D) or	Beneficial			
		(Month/Day/Year)	(Instr.	8)	(Instr. 3, 4 and 5)		Owned	Indirect (I)	Ownership				
							Following	(Instr. 4)	(Instr. 4)				
						(4)		Reported					
						(A)		Transaction(s)					
			Code	V	Amount	or (D)	Price	(Instr. 3 and 4)					
Common	10/04/2006		G(1)	T 7	12.200	Ъ	Φ.Ω	17.060	Ъ				
Stock	10/04/2006		G <u>(1)</u>	V	13,200	D	\$ 0	17,869	D				
Common Stock	10/04/2006		G	V	13,200	A	\$ 0	13,200	I	By Trust			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Edgar Filing: CONAGRA FOODS INC /DE/ - Form 4

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration D	ate	Amoun	t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Deriva		2		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A manuat		
									Amount		
						Date	Expiration		Or Number		
						Exercisable	ble Date	Title No	Number		
				C + V	(A) (D)						
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> 10% Owner Officer Other Director

ROSKENS RONALD W GLOBAL CONNECTIONS, INC. 412 N. 85TH ST. **OMAHA, NE 68114**

X

Signatures

Colleen Batcheler, 10/05/2006 Attorney-in-fact

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction involves a gift of securities by the reporting person to a trust for the benefit of his spouse, who shares the reporting person's household.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2