

FORWARD AIR CORP

Form 4

August 18, 2005

**FORM 4**
**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

Check this box  
if no longer  
subject to  
Section 16.  
Form 4 or  
Form 5  
obligations  
may continue.  
See Instruction  
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
LANGLEY C JOHN JR

(Last) (First) (Middle)

430 AIRPORT ROAD

(Street)

GREENEVILLE, TN 37745

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol  
FORWARD AIR CORP [FWRD]

3. Date of Earliest Transaction  
(Month/Day/Year)  
08/17/2005

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

☒ Director ☐ 10% Owner  
☐ Officer (give title below) ☐ Other (specify below)

6. Individual or Joint/Group Filing(Check  
Applicable Line)

☒ Form filed by One Reporting Person  
☐ Form filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount (A) or (D)	Price	
Common Stock	08/17/2005		M		5,625	A \$ 20.2	6,300 D
Common Stock	08/17/2005		S		125	D \$ 34.29	6,175 D
Common Stock	08/17/2005		S		400	D \$ 34.3	5,775 D
Common Stock	08/17/2005		S		100	D \$ 34.34	5,675 D
Common Stock	08/17/2005		S		300	D \$ 34.35	5,375 D
	08/17/2005		S		100	D	5,275 D

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Common Stock					\$ 34.37		
Common Stock	08/17/2005	S	200	D	\$ 34.38	5,075	D
Common Stock	08/17/2005	S	200	D	\$ 34.39	4,875	D
Common Stock	08/17/2005	S	300	D	\$ 34.4	4,575	D
Common Stock	08/17/2005	S	300	D	\$ 34.41	4,275	D
Common Stock	08/17/2005	S	400	D	\$ 34.42	3,875	D
Common Stock	08/17/2005	S	600	D	\$ 34.44	3,275	D
Common Stock	08/17/2005	S	300	D	\$ 34.45	2,975	D
Common Stock	08/17/2005	S	300	D	\$ 34.46	2,675	D
Common Stock	08/17/2005	S	200	D	\$ 34.47	2,475	D
Common Stock	08/17/2005	S	700	D	\$ 34.48	1,775	D
Common Stock	08/17/2005	S	200	D	\$ 34.49	1,575	D
Common Stock	08/17/2005	S	200	D	\$ 34.5	1,375	D
Common Stock	08/17/2005	S	100	D	\$ 34.51	1,275	D
Common Stock	08/17/2005	S	100	D	\$ 34.52	1,175	D
Common Stock	08/17/2005	S	200	D	\$ 34.56	975	D
Common Stock	08/17/2005	S	100	D	\$ 34.58	875	D
Common Stock	08/17/2005	S	200	D	\$ 34.59	675	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 20.2	08/17/2005		M	5,625	<u>(1)</u>	05/19/2014	Common Stock	5,625	

## Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
LANGLEY C JOHN JR 430 AIRPORT ROAD GREENEVILLE, TN 37745	X

## Signatures

By: /s/ Lera Doherty,  
Attorney-in-Fact 08/18/2005

\_\_\_\_Signature of Reporting Person Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This is a vesting schedule, 50% over 2 years commencing 5/19/05.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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