CAPITAL ONE FINANCIAL CORP Form 8-K June 15, 2016

UNITED STATES SECURITIES AND EXC Washington, DC 20549	HANGE COMMISSI	ON
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or The Securities Exchange		
June 15, 2016 Date of Report (Date of ea	arliest event reported)	
CAPITAL ONE FINANC (Exact name of registrant		
Delaware (State or other jurisdiction of incorporation) 1680 Capital One Drive, McLean, Virginia (Address of principal exec	22102	Identification No.)
Registrant's telephone nui	mber, including area	code: (703) 720-1000
(Former name or former a (Not applicable)	ddress, if changed sin	ace last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- oWritten communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- oPre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- oPre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Capital One Financial Corporation (the "Company") hereby furnishes the information in Exhibit 99.1 hereto, Monthly Charge-off and Delinquency Metrics - As of and for the month ended May 31, 2016.

Note: Information in this report (including the exhibit) furnished pursuant to Item 7.01 shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section. This report will not be deemed an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD. Furthermore, the information provided in Exhibit 99.1 shall not be deemed to be incorporated by reference into the filings of the Company under the Securities Act of 1933.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Description

99.1 Monthly Charge-off and Delinquency Metrics - As of and for the month ended May 31, 2016

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this Current Report on Form 8-K to be signed on its behalf by the undersigned hereunto duly authorized.

CAPITAL ONE FINANCIAL CORPORATION

Date: June 15, 2016 By:/s/R. SCOTT BLACKLEY

R. Scott Blackley

Chief Financial Officer and Controller

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EXHIBIT INDEX

Exhibit Description

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